

The RUBI Autism

We want to learn more about parents to better support them. We're hoping you can help.

This study is being done to learn more about parents' emotion and mental processes. The goal of the study is to understand biological processes in children with neurodevelopmental disorders with challenging behaviors (e.g., aggression, tantrums, destruction) that require intervention.

Research is always voluntary!

Would the study be a good fit for me?

This study might be a good fit for you if:

- Parents are ≥18 years of age
- Parents read English or Spanish
- At least one of your children is aged 2 to 12 years
- Are the biological parent for a child and neither you, your child, or your child's first or second-degree relatives have:
 - A Neurodevelopmental Disorder (e.g., Autism spectrum disorder, ADHD, a learning disability)
 - Prenatal alcohol exposure
 - Psychosis
 - Challenging behaviors that have required intervention
 - Are free of current or historical neurological, psychiatric, or other conditions that significantly impact daily living (e.g., traumatic brain injury, stroke, schizophrenia, current substance abuse)



What would happen if I took part in the study?

If you decide to take part in the study, you would complete online questionnaires and a one time in-person EEG and cognitive assessment.

As a thank you for taking part in the study, you would receive a \$50 gift card.

To take part in <u>Generating Effectiveness Mechanisms in RUBI</u> (GEMs in RUBI) research study or for more information, please contact Hannah Rea, PhD at <u>gemsinrubi@seattlechildrens.org</u> or (206)-221-9194.

The principal researchers for this study are Hannah Rea, PhD and Sara Jane Webb, PhD at Seattle Children's Research Institute.



