

Do you want help managing your depression, anxiety, or anger?

Autistic adults are needed for a telehealth research study!

Researchers at Rutgers University are conducting a research study to evaluate a 10-session telehealth-based group therapy program

Participants should:

- Reside in New Jersey or New York
- Be between the age of 18 and 40 years old
- Be able to speak and read English fluently
- Have a previous diagnosis of Autism Spectrum Disorder (ASD)
- Have access to a computer or device with camera and internet



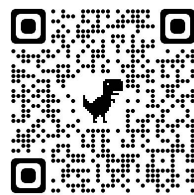
Participants will be asked to complete:

- Questionnaires and 5 individual assessments
- 10 group therapy sessions
- *All visits will be completed via Zoom*

You will be compensated up to \$230 for completion of assessments

If you are **interested**,
please complete the
screening form at:
<https://redcap.link/gbat2b>

Screening form
QR Code



If you have questions,
email us at:
LifespanLab@gsapp.rutgers.edu

Principal Investigator: Dr. Vanessa Bal, Ph.D.
604 Allison Road, Piscataway, NJ 08854

Title of Study: Boosting Engagement and Skill Acquisition through technology and personalization:

A pilot trial of enhanced transdiagnostic behavioral therapy



RUTGERS | eIRB
APPROVED

IRB ID: P102022001343

Approval Date: 10/30/2023

Expiration Date: 8/24/2024