



Taking care of someone who is feeling down? Looking for help?

A team at Rutgers University is conducting a research study that includes 12 weeks of mental health treatment

Autistic adults with limited verbal communication are needed for a research study

If interested, fill out this survey go.rutgers.edu/treatment and we will email or call you

Eligible people...

- Are at least 18 years of age
- Have an autism diagnosis
- Live in NJ, NY, or can travel to Rutgers
- Have 1-2 people who will support their participation (for example parent, sibling, friend)

Eligible people will be asked to complete...

- 12 therapy sessions (online or in-person)
- Questionnaires and 4 assessment visits

People who participate will be compensated up to \$200

Feeling down could be a sign of depression.

Other signs may be:

- Changes in mood
- Irritable
- Sleeping poorly
- Decreased activity participation

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