

Help Reveal What Improves Sleep for Teens with Autistic Siblings!

We Need You!

Families who

- 1) have a child with Autism (any age)
- 2) have an adolescent (ages 10 - 19)
- 3) live together



Join Our Study!

We want to understand how having or not having a brother or sister contributes to sleep practices and sleep experiences of adolescents.

Procedures include:

- 1) One 20-minute Zoom call
 - A) Identity verification
 - B) Eligibility verification
 - C) Consent and assent forms
- 2) Questionnaires:
 - A) Adolescents (~ 1 hour)
 - B) Parents (~45 minutes)

Incentive:

For completing all procedures, both the parent and child participants will have the opportunity to enter a drawing for 1 of 5 \$100 Electronic Amazon gift cards!

To Enroll: Email Jacob Maga, maga002@csusm.edu