

Recruiting adolescents with profound autism for at-home sleep study!

Mass General Brigham IRB
APPROVAL EFFECTIVE DATE
5/9/2024

Principal Investigator: Dara S. Manoach, Ph.D.,
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Eligibility:

- 12-19 years old
- Diagnosis of autism spectrum disorder
- Minimally or non-verbal and/or intellectual disability

Participation involves:

- Wearing a sleep headband for 3 nights at home to monitor brain activity during sleep
 - 1-2 weeks of practice at home to get used to wearing the sleep headband, if needed
 - Keep a sleep diary on study nights
- Complete assessments and questionnaires with the study team
- 2 visits to the Lurie Center for Autism in Lexington, MA (Optional)
 - Wear an EEG cap to monitor brain activity while listening to tones and clicks

You will be compensated up to \$400 for participation.

**If you are interested in participating,
please contact the study coordinator at (617) 453-8304 or
mghluriecentersleepheadbandstudy@mgb.org**