



Dartmouth  
Health



Dartmouth  
GEISEL SCHOOL OF  
MEDICINE

**Are you an autistic youth or young adult (ages 16 to 25)  
or a parent or caregiver of an autistic youth?**

**IF SO, YOU MAY BE ELIGIBLE TO TAKE PART IN  
A RESEARCH STUDY!**

## GOALS

The goal of this study is to explore possible modifications of a therapy, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), for autistic kids and teens affected by trauma.

- Autistic kids and teens experience high rates of trauma.
- They can have changes in their thoughts and feelings after experiencing a traumatic event.
- TF-CBT has been shown to be helpful to many kids and teens (ages 3 to 18), but it has not been tested with autistic youth.

## INTERESTED?

We want your input to help modify TF-CBT for autistic kids and teens affected by trauma!



Scan this code  
to give us  
permission to  
tell you more.

Or visit <https://redcap.link/tfcbtautism>



## YOU WILL BE ASKED TO:

- Complete a brief online survey to tell us more about you.
- Participate in an online focus group about TF-CBT for 1.5 to 2.5 hours.
- Look over intervention materials before and after the focus group.

**You will be paid for your time!**

Please contact the principal investigator, Kaitlyn Ahlers, Ph.D.,  
with questions: [kaitlyn.p.ahlers@hitchcock.org](mailto:kaitlyn.p.ahlers@hitchcock.org)