

Checklist Interview Study on Resilience in Neurodivergence

What is the project?

An international research project is currently underway at Karolinska Institutet on what helps neurodivergent people (e.g., with autism, ADHD, learning disabilities or other neurodevelopmental conditions) have a good life (e.g., in terms of mental health, wellbeing, doing the things you want to and need to do).

We want to explore the factors that are important to support neurodivergent individuals to thrive.

This information will help us develop better ways to support developmentally diverse people to live more successful and happy lives.

Can I participate?

You can participate if:

- You are neurodivergent (e.g., have been diagnosed with autism, ADHD, dyslexia, were born prematurely, or have another condition that usually affects daily life)

OR are a family member/loved one of a neurodivergent person

- You can participate in an interview where we complete a checklist

How do I learn more?

Contact the research team:
melissa.black@ki.se or register your interest here:

<https://survey.ki.se/Survey/40716>

What will I be asked to do?

You will be asked to participate in an interview with a researcher. The researcher will complete a checklist with you covering the individual (factors specific to a person and their ways of being), activity and participation (the things an individual engages in like education or hobbies), and environmental (e.g., physical, social, attitudinal, and societal) factors that might be important to resilience. We want to know if you think they are important to your resilience and how much they impact your resilience.

We expect the checklist interview to take about 2 hours

Are there any benefits?

There are no direct benefits to you for participating. You will receive a 250 SEK (18 EUR) gift voucher as compensation for your time.

Are there any risks?

There are no known or obvious risks associated with participating in this study. However, participating in the focus groups will require time for you to complete.

Participation is voluntary!

Your participation in this study is voluntary. Even if you have accepted, you can cancel your participation at any time and without explanation, without any consequences for your contacts with health care, school or the like. If you choose to discontinue your participation in the study, no more information about you will be collected, but we have the right to keep what is collected until then.

This study is being conducted by the Karolinska Institutet Center for Neurodevelopmental Disorders (KIND) in Sweden. This study has received Swedish Ethical Review approval and complies with the EU's General Data Protection Regulation. General Data Protection Regulation

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